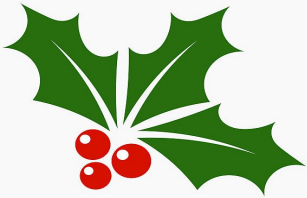




GREENVALE
SCHOOL

GREENVALE SCHOOL NEWSLETTER



NOTEABLE DATES 2024

First day of term for students 8th January

Half -Term
Monday 12th February–

Break up for Easter
Thursday 28h March

Easter Holidays
Friday 29th March–
Friday 12th April

Staff Development
Day

Half -Term
Monday 27th May –
Friday 31st May

Late day of term
Thursday 25th July

Dear Parents/Carers

We are now at the end of our first full term of the year and what a term it has been! There are many successes to celebrate for each and every student as well as a number of school projects we have been working on and collaborating with others, including;

- Our Create Arts project with Forster Park School
- Community Opera with Blackheath Halls
- Workshops with the Metropolitan Police
- Drama project with the Old Vic, including a visit to the theatre
- Attending a performance at The Royal Opera House
- Hosting sensory and interactive theatre performances in school
- Gardening projects with Sydenham Gardens
- A research project with UCL, Institute of Education
- Working with Governors to agree our school improvement priorities
- Family hydro swimming sessions at our Waters Road Pool
- Workshop for parents delivered by Lewisham Educational Psychology Team
- Hosting Safeguarding training for Lewisham school leaders
- Ofsted inspection

It has been wonderful to meet so many of you during the term at our coffee mornings, parents evenings, school discos and end of term concerts. We have many more exciting projects planned for the spring and summer term and look forward to seeing you in school then. Our first day back in the spring term is January 8th 2024.

I am very proud to be the Headteacher of Greenvale School and thank you all for your ongoing support. I would also like to thank all the staff for their passion and commitment to the students and for the energy, enthusiasm and creativity they bring everyday. Thank you to our Governors for the work they do and of course to our amazing students who make Greenvale the very special place it is.
Katie

PARENTS COFFEE MORNING - ART WORKSHOP



Parent coffee morning art workshop

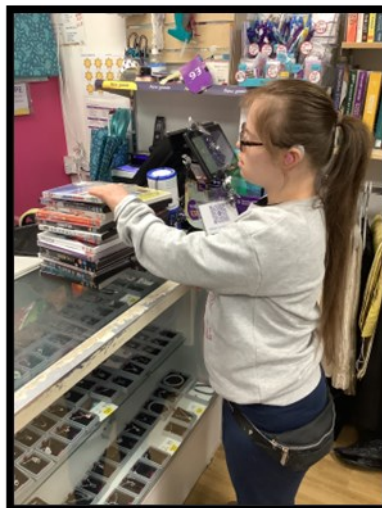
Parents and their art masterpieces. The school has a variety of different coffee mornings coming up next year. We will keep you informed as to when and where. It would be lovely to see you

Careers and Work Experience

We are very glad that twelve students in year 14 accomplished external work experience during this term. Students had their work experience in different workplaces in the borough of Lewisham. Most of the students went to their workplace by public transport and two of the other students managed to go independently. Students showed that they have grown in autonomy, and they have been able to thrive in the community.

The students worked in a library, charity shops, a primary school, a pet shop, a food bank, and a horticulture. Well done to the students in year 14 who did amazing work in the local community, to the staff and caretakers in the school and to parents and carers who supported the students in accomplishing this project.





School Discos - 14th & 15th December



A good time was had by all at our school disco's and we raised a total of £655.00 across both sites

INFORMATION FROM THE NURSING TEAM

Learning Disability Register & GP Annual Health Checks

Did you know, all Young People with a Learning Disability should be offered an Annual Health Check with their GP from 14 years of age. Has your child had an annual health check? If not, please contact their GP to request they are added to the Learning Disability Register and booked an appointment for an Annual Health Check. More information on what to expect and how to prepare for a Learning Disability Annual Health Check with the GP can be found on Contact, for families with disabled children's website - www.contact.org.uk/help-for-families/information-advice-services/health-medical-information/common-concerns/annual-health-checks-frequently-asked-questionsand-answers/

Sleep support

Difficulties with sleep is a common concern for the families of children and young people with Special Educational Needs and Disabilities.

Cerebra is a UK Charity 'working wonders for children with Brain Conditions'. Cerebra offer a free 'Sleep Advice Service' which parents can self-refer to.

If you think your child would benefit from their support, please do contact them, or make a self-referral. More details can be found on their website - www.cerebra.org.uk/get-advice-support/sleep-advice-service/

- Cerebra – Sleep tips booklet (attached)

Tel: 0800 328 1159

Constipation

Constipation is more common in people with SEND and Learning Disabilities and is often not recognised or treated effectively in this group. NHS England have launched a Campaign to improve early recognition and treatment of constipation in people with Learning Disabilities. NHS England state "Constipation can be a life-threatening issue for people with a learning disability who are at heightened risk from complications if it is left untreated".

If you suspect your child has constipation, please make an appointment with their GP.

www.england.nhs.uk/long-read/constipation-campaign-toolkit/

Animation - <https://youtu.be/mHNvbPQo6a4>

- Leaflet (attached)

More resources available on weblink address above.

Repeat Prescriptions & NHS app

Organising repeat prescriptions can be a hassle. A new way of requesting prescriptions is via the NHS app. Ask your GP and local pharmacist if they use the NHS app and ask for help to set this up. The NHS app can also be used to see health records and information. For more information - www.nhs.uk/nhs-app/about-the-nhs-app/



The poster features a blue background with white snowflake graphics. At the top right is the NHS logo. The main text reads: "Remember to order prescriptions early". Below this, it says: "To avoid delays in getting your medicines over the festive period, please order prescriptions in good time." Further down, it states: "You can order repeat prescriptions through the NHS App or at your local general practice." At the bottom right, there is a small graphic of a prescription slip and the text "Your health matters Help us help you".

"We would like to wish every child, young person, and their family a very Merry Christmas, and Happy New Year, from all the health teams at Kaleidoscope, Lewisham & Greenwich NHS Trust."

